

# Home Schooling Mother: Rule of Life

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 [spiritualityshoppe.org/home-schooling-mother/](http://spiritualityshoppe.org/home-schooling-mother/)

Sunday, October 26, 2014

When meditating on the one thing Jesus wants me to see I came to the understanding that Jesus wants me to see *how the desire for control, authority and significance has broken relationships*. Restoration of our relationships, both our relationship with God and with others, is the act of salvation as a life. It is the continual conversion that leads us into a greater life with God. Instead I need to *move into a natural posture of freely releasing and blessing*. *I already have access to all the power, authority and significance I could ever need.*

## Solitude, Study, Prayer, Meditation

- 1/2 hour Centering Prayer AM, 1/2 hour Lectio Divina
- 1/2 hour Centering Prayer PM @ 9:30 just before bed time
- Ignatian meditation with kids at breakfast; examen with them at bedtime (they lead)

## Body

- Walk
- Continue to move toward healthy eating
- Praying with the Body @ lunch (child in charge)
- In bed by 9:30pm each night

## Sabbath-Keeping

- Begins Sat 5PM, Ends Sun 5PM: Starts with a Celebration Computer Game Playing
- Naps, Games, Painting, Reading, Writing, Screen Fast, Go Outside!

## Simplicity

- Reinstate Recyclables (child in charge)
- Institute “clean out and sell” bags
- Stay away from “junk” stores
- Eat at local restaurants
- Limiting social media: write a weekly blog, check Facebook on the day if it is published

## Service

- Homeschooling
- Volunteer at family shelter
- Small Group — invite members to take a week to facilitate

## **Schedule: Making the Space for Studies**

- Read and research while kids are doing school
- My best writing happens in the morning